



Tropical Fruit Salad with Pumpkin Seed Oil

Ingredients:

- 1 red grapefruit
- 1 pink grapefruit
- 2 clementines or 1 can mandarin oranges
- 2 sliced ripe bananas
- 1 mango cubed
- 2 T plumb organic raisins (soak briefly in hot water if necessary)
- 1 tsp. Roasted Pumpkin Seed Oil
- 1 T maple syrup

Directions:

Combine all fruit and drizzle with the Roasted Pumpkin Seed Oil and maple syrup. Makes 5 cups fruit salad.

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