



Apple & Pear Salad

Ingredients:

- 1 bag fresh greens
- 1 bag fresh fun greens, such as sunflower and pea shoots
- 2 apples, cored and sliced thinly
- 2 pears, cored and sliced thinly
- 1 handful sunflower seeds or pepitas
- 1/2 cup raisins
- 1 red onion, sliced thinly
- 1/2 cup bleu cheese, crumbled
- 1/2 cup Butternut Squash Seed Oil
- 3-4 tbs. Cranberry Pear Balsamic Vinegar
- salt and pepper to taste

Toss all the salad ingredients together in a bowl. In a small food processor, put oil, vinegar and salt & pepper to taste. Whirl it all together and drizzle on the salad. Serve.

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